

## 2 IRONMAN Loop

55+ miles following the same course as Eagleman triathletes

This is the course that IRONMAN triathletes have used for the bike portion of the 70.3 Eagleman race that happens here each June. For specifics on the bike route of IRONMAN Maryland (a 140.6-mile triathlon), go to [ironman.com](http://ironman.com) and search for IRONMAN Maryland. For a full listing of area restaurants, go to [VisitDorchester.org](http://VisitDorchester.org).

Starting Point Great Marsh Park, 1 Somerset Ave., Cambridge, MD

Approx. Miles 55+ miles

Approx. Time 4.5-5 hours (at 12mph)

At A Glance Course can be windy. Not much shade. Highlights include Harriet Tubman Underground Railroad Visitor Center (at mile 38.5). (Harriet Tubman lived and toiled in this area for her first 27 years.)



MILE	TURN	DESCRIPTION	AND GO
0.00	S	Straight on Somerset St.	0.70
0.70	R	Right on Glasgow St.	0.19
0.89	L	Left on Jenkins Creek Rd.	0.58
1.47	L	Left on West Side Bypass (Road may not be marked. Look for concrete barriers and ride between them.)	0.67
2.14	R	Right on Route 343	1.15
3.29	R	Bear right on Horns Point Rd.	1.67
4.96	L	Left on Lovers Ln.	0.68
5.64	L	Left on Route 343	0.40
6.04	R	Right on Town Point Rd./Dailsville Rd.	4.44
10.48	R	Right on Church Creek Rd. (Rt 16)	12.41
22.89	L	Left on Smithville Rd.	7.10
29.99	L	Left on Hoopers Island Rd. (Rt 335)	1.93
31.92	L	Left on Golden Hill Rd. to stay on Rt. 335	5.90
37.82	R	Right on Key Wallace Dr.	2.26
40.08	L	Left on Egypt Rd.	7.08
47.16	L	Left on Rock Dr.	0.48
47.65	S	Cross Route 16 to Dailsville Rd.	4.44
52.09	R	Right on Route 343	1.18
53.27	L	Left on West Side Bypass	0.67
53.94	R	Right on Jenkins Creek Rd.	0.58
54.52	R	Right on Glasgow St.	0.19
54.71	L	Left on Somerset St.	0.70
55.41		End at Great Marsh Park	

